

# 2016: PREDICTIONS

2016-01-02

- 2016-0102-001 Beloved and holy and only Child of our heavenly Father, Child of the one Source, Child of Light, divine. That is who you are. Take it deeply with the consciousness and contemplate what that means. Child of the one Source, or as I have put it many times, extension; not Child, as there would be separation, but extension of the one Source, the extension of love, incarnate, walking about, smiling, interacting with the brothers and sisters, interacting in that space that has been described so well, that space of Oneness.
- 2016-0102-002 I am the one known as Jeshua ben Joseph, Jesus you have called me, and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth. Great joy, because truly that is your birthright. The world will say otherwise. The world will say that you must struggle, you must endeavor, you must attain. But in truth, your birthright is the simplicity of joy, of just being, enjoying your creations, enjoying the brothers and sisters, enjoying as the divine holy One come forth to play with all of your creations.
- 2016-0102-003 You are beloved, each one of you as you see yourself to be individuated energy. You are beloved from before time began, and when the purpose of time has been fulfilled, which it will, you will remain that which you have always been, the one holy Light, divine, enjoying all of the experiences that you bring forth.
- 2016-0102-004 Now, this evening we are going to have a bit of fun, because you have begun a new timing, as you call it, a new year, but as you have already discerned, it is a bit of a continuation, but a chance to have new focus. That is what we are going to be speaking of in this evening, to bring into clarity a new focus of who and what you are and why you are, and why you have chosen to bring about a new year, a new year to begin, new beginnings.
- 2016-0102-005 Truly, this year that you are embarking upon is unwritten. It is not written until you write it, as is true with every day. You are the one who writes on your page. You have the book called the diary, and when you were perhaps a bit younger, it was something that you would write: Dear Diary, this is what I did today. This is who I saw. This is who I want to be in touch with—all of your innermost hopes, desires, thoughts you could share with your book of days.
- 2016-0102-006 You are now in a place of being able to write a new book. Yes, you can put it into written form, pages to read again at some point, or you can be in the consciousness of knowing that you are moving forward. This is going to be a year of Light. You have foreordained that you are going to bring more Light onto this

plane of reality—lower case “r”. You have foreordained that it is time to begin to augment your Light and the Light of brothers and sisters, because you have been seeing the contrast of a darkness of ones suffering, ones questioning, “Why am I here? How can I survive? Is there a reason to survive? What is happening?” And you have begun to see the division from ones who are of certain belief system to where your belief system is, your belief system that says everything serves a good purpose. You have questioned this from time to time as things will happen.

- 2016-0102-007 But the brothers and sisters who are going through what they would consider to be a hard time now, they are very much wondering, “Is there anything good in the world? Is there anything that is really of value in being here, struggling to keep the body alive, struggling to keep the family together, struggling to even have the food, the nourishment to keep the body going?”
- 2016-0102-008 And you have seen spokespeople saying that whatever their belief system is, that perhaps there should be a wall built around all of the ones who have, and keeping out the ones who have not, so that there can be a security, as they call it, within the wall. Now, you have known civilizations like that. You have lived within the wall, the fortress, as it was called, but you have also lived on the outside of the wall, and you know how that feels to be close but not within with the ones who have more.
- 2016-0102-009 So you know both sides, and you are very much now in a place of discernment, because you have that experience that you can call upon. Even in this day and time you can see and feel what the brothers and sisters are going through.
- 2016-0102-010 So this is going to be a year of Light, more and more Light, because you have foreordained that the darkness has come and gone as far as it is going to go. You have foreordained that you have come to the lowest, tightest, darkest place—you as the collective consciousness—that now there is an upward thrust.
- 2016-0102-011 Now, it isn’t just starting with today. It is a process that has been going on all of this lifetime for you and perhaps a lifetime or two before this one. It is a process. But you have already reached the most density—you as a collective consciousness upon holy Mother Earth—you have already said, “Okay, this is as far as I go.” And so you have begun the ascent to climb up out of that pit of darkness.
- 2016-0102-012 This year you are going to be expanding in your Light, in your creativity of knowing that you can bring more Light to everything that you turn your attention to. There are going to be many times when you are going to stop and take a new look at what is going on and a new look as to what you can be doing, how you can be interacting and bringing your Light upon this plane of reality, because you have felt all different sides.

- 2016-0102-013 You have looked at the issues from every different vantage point, and you know easily how it feels. You can put yourself into the brothers' or sisters' sandals and you can know, because you've been there. You can know how they must be feeling, and you can know what is going to bring them up out of that place—a word from you, a smile from you, perhaps a meal that is shared.
- 2016-0102-014 All of you here in this room and within the sound of my voice have much to share with brothers and sisters. You will look into your pantry, and you will see that you have overflowing goods that can be shared. You're going to get busy finding outlets, the ways of sharing. It is important that you know that you are very important in this work, and it is important for you to be awake, alive, and alert to what you are doing.
- 2016-0102-015 I know that truly each and every one of you are hearing my words at a very deep level, because truly you do not have to have the eyes open in order to have the consciousness awake, and that is very important as a knowing within you, that truly what you are feeling—the anticipation of the new year—what you are feeling is going to be opening up. It is going to be outworking in this year, and you are going to see, even in what you term the twelve months of a year, you are going to see many changes because you have decreed that there are going to be these changes.
- 2016-0102-016 You have decreed that it is time that you are able to make impact on other ones, positive impact, because truly you have known many lifetimes when there has been the heaviness that you have felt. Even in this lifetime you have experienced days of heaviness. But you are going to want to expand now your joy, your smiles, your feeling of knowing that truly you are here for a purpose; not just to fulfill the routine, but to be awake in that routine and to look for the signs, to look for all of the positive joy that is around you, and to praise all of the positive joy that you see, because that which you praise, grows. That which you turn your attention to, grows; it has to. And if you are in a place which now you are feeling that you are beginning, that actually you are continuing in a place of looking for the good, that good is going to show up more and more easily for you.
- 2016-0102-017 You have a most interesting situation with your spokespeople, the ones you call your leaders. They try to lead, and yet they are followers. Most of them follow the ones who are being most vocal right now; they follow an old pattern. They have truly been the conquerors, the warriors, the ones who have been leading the cavalry, so to speak, the ones who would go out and try to assert their power. And they are falling back on old thinking to assert their power once again.
- 2016-0102-018 You have others who are of more gentle nature who look to the bigger picture, who look to the help that can be offered and the way to organize help, and those are the ones that you are feeling more called to be in alignment with, and you will want to add your voice. Yes, it is okay to add your voice to what is important

to you, what you feel that you want to see in your world, because your world is made up of you and you and you and you and you and all of the brothers and sisters.

- 2016-0102-019 Your world is calling out for your voice; your actions, yes. I do not often speak of such specific topics, but is important this evening as you venture into a new time, as you have decreed. It is important to get your ducks in order. It is important for you to identify your ducks, to know what is important to you, what you want to see. It is important then as you claim, "These are my important ducks," to get them in order and to be able to give them a bit of the guidance as to how they are going to go, as you do with the small ones.
- 2016-0102-020 So yes, you will want to get your ducks in order. Have you ever watched the ducks and the ducklings? They are very good at their order. They follow the mama duck, all of the little ones following behind. So you are going to want to find out what your ducks are and put them in their order and see how they go with encouragement.
- 2016-0102-021 This year is going to be, as I have said of a few other years, a pivotal year, because you are very much changing things. This past year and the year before that, you have seen changes in your own life. You have all of a sudden felt an urge, a desire to pick up the belongings and move, and you have done it, because you have had that inner urging that has said, "It is time. It is time to be in a new grouping. It is time to make my voice heard and to put forth love in every way that you can."
- 2016-0102-022 So you are finding more and more of ones with like mind and like heart who want to see a better world, want to give to the friends and neighbors and the ones who may be a bit farther away, to bring them to a place where they can appreciate—to make grow, appreciate—that which is good to help them along.
- 2016-0102-023 So ascertain, when you listen to your "leaders", ascertain whether you are in concert with them, what they are saying, and if not, find ones that you can agree with and can put your energy with. I am not speaking politics. I am only speaking of the heart. But you will know, and you will know what to do.
- 2016-0102-024 It was the same two thousand years ago. We had ones who wanted to make things better for the villagers, and there were other ones who were only looking to their own family or to themselves. And the world, as I have said many times, has not changed all that much. You still have the struggle to bring forth love, but the good news is, there is more Light upon this plane than there was, and you are going to be adding to that in this new year. You are going to be looking for the Light and adding your energy, your voice, your actions to it.
- 2016-0102-025 On all levels you are going to find yourself making some changes, good ones, to help others as you see a need, perhaps, for one to be taken in under the wing.

You are going to be going out and searching for ways that you can help other ones. It does not have to be big; in other words, you don't have to wait until there is something that is going to be reported in your newspapers. It can be and will be every day as you interact with the ones living around you, the ones that you talk with on your technology, the ones who perhaps are needing a bit of the encouragement to keep on keeping on, and to see that there is something good in every day.

- 2016-0102-026 You are going to be seeing changes in your medical field, more and more advancements where ones are going to be finding ways to help with the ease of the body, to help with keeping the wholeness of the body by knowing the principles of youthing, as we have spoken other times, of being happy in life. That is the secret to youthing, is to be happy and to enjoy what you are doing. And if you are not enjoying what you are doing, you are going to make changes.
- 2016-0102-027 Already you have felt the changes. You have already felt that it is time to search out ones who are of like mind and ones who want to play, because truly life is a playground. That's not what the world tells you, but life is a playground. It is a place to play with your friends and loved ones. So whenever you get a chance to go out of doors to enjoy the sounds and the sights and the aromas of nature, to behold the small winged ones who are not so small, to be in Oneness with them, allow the Child of you to come forth and to be happy, the Child that has been oftentimes stuffed into a box, and it has been told to you that you have to do, you should do, you must do, etc. But in truth, do what allows the heart to open.
- 2016-0102-028 And if this means to go and sit in the theater and watch—"Oh, this action that is happening!" and take yourself back to another time in the future—live, come alive in it, come alive in what is being presented for you. Ones have had the creative ideas of what they want to portray on the big screen or the smaller screen. Ones have had ideas that they want to put forth for your enjoyment. Think about that word—en-joyment, to be in joy with it. So if you are watching the big screen and lots of action out there, put yourself right in the middle of it and know that you are traveling along with those wonderful futuristic, as it would be, spaceships.
- 2016-0102-029 Now, in truth—I digress for a moment—what you see to be your future can only be known by what you have already experienced, so that which you see to be your future, you have already been there; otherwise, you would not recognize it. So when you are watching what is called the futuristic models, know that that has come from what you have known in the past. You are very creative. You are one who has come here to this solar system from another system far, far away. Where do you think those words come from? Out of your memory, because you have been there.

- 2016-0102-030 Now, you are going to have ones who are of boxed-in thinking who say, "Can't be; that can't be; it's just a good story. Could not be that it actually has happened. It's going to be in the future sometimes, maybe, but I'm not going to be around to see it, but it's fun to watch." Where do these ideas come from, if not from experience that you've already had? That's where the ideas come from.
- 2016-0102-031 And so you get to relive, in an easy way, sitting in the chair watching the big screen or the other screen at home; you get to relive what you've already experienced, and you get excited about it. You want to go back and you want to see more detail. "I want to really study this, because I really want to know where I've been and what I did, and oh, my goodness, I thought there was somebody else in the future doing it, and you mean that was me? I did that?"
- 2016-0102-032 Yes. Otherwise, you would not be in alignment with it. New idea there; hm, good idea; it's expansive. Whenever you play with something, ask, "How can I see this in a more expanded way? How can I understand this in a more expanded way?" And if you ask that question, you will be shown.
- 2016-0102-033 Anything you ask, the answer has to come, because there is no question that comes without its own answer; otherwise, it would not be a question. So whenever you ask a question, there is an answer; there has to be. Sometimes it may take a while before it dawns on you what the answer could be. That is okay. You are the maker of time. And so the answer to whatever you want to know, to feel, to experience, it's right there; sometimes, seemingly, right beyond the fingertips. But then you turn your hand the other way around, and you bring it to yourself.
- 2016-0102-034 You are going to have a very exciting year. Now, I say that specifically to one in this room, but in truth, it's going to be true for all of you. It is going to be an exciting year. Already you have begun the process of making changes, and you have said, "Yes, I am courageous. I don't know what I'm doing, but I'm courageous. I'm going to do it. I don't know where it's going to take me, but I'll take a deep breath and I'll go with it."
- 2016-0102-035 This year that is coming up is going to be like that for you, for all of you. Allow yourself to know that each day is an exciting day. When you first wake up—and I'm speaking especially to you, but also to the rest—each day when you wake up, spend a moment asking yourself, "Self, what are we going to do this day? Who are we going to meet? What new idea is going to come?"
- 2016-0102-036 You are one who is full of new ideas, and you're going to have many of them in this year; in fact, so many that you're going to have to pick and choose which ones you work on, but that is how your life has been, and even in the lifetime before this you have been cultivating a lot of ideas. So you will be keeping on cultivating, the same for this one over here. You are the ones who think of



possibilities, and then it is a question of, “Okay, where do I put my energy? Which one at this time or at this time?”

- 2016-0102-037 It is very much a playground. It’s going to be fun to watch you this year. Yes, I’m going to watch you, but I’m also going to walk with you. I’m going to sit on your shoulder from time to time and whisper in your ear, give you an idea, and you’re going to say, “Where did that idea come from? I like that idea.”
- 2016-0102-038 We are going to walk together. It’s going to be a good year for walking. It’s going to be a good year for some changes. It’s going to be a good year for smiling and being happy. A lot of you have not felt too much happiness in this lifetime. This year is going to be a turning point. You are going to feel happy—for no reason at all sometimes. “I just feel happy. Wow, that feels good.” You deserve it. It is your divine birthright to feel happy, and no one can take it away from you except yourself.
- 2016-0102-039 You can say, “Well, I don’t know, not just yet,” and you can hold it to a future time. But why wait? Invite it in right now. This is what you have done this evening. You have said, “I will go, I will make trek, I will go and be with other ones in order to enjoy, to be in joy with them, to see what’s new, to see what new ideas come forth, to play. So we play.
- 2016-0102-040 I started to talk about your medical field. The underlying principle with that is to know joy, to know wholeness, and it is to know that truly you create. Most ones feel that they are at the mercy of whatever the body is doing or whatever the “experts” are telling you must be the problem. But know you, even in your holy writings, there are the examples of the instantaneous healing. Why did that happen? Because there was a change in the thinking. There was a change in the perspective of how they were looking at themselves and life itself. There was a shift in the perception, all of a sudden a realizing, “I am creating, and if I don’t like this rubbish that I’m going through, I will create anew, I will change it, I will do something with the help of the medical profession.”
- 2016-0102-041 Because the ones who go into it, for the most part, want to help. That is why they have felt a calling to go into that profession, and they want to help as best they can. And you will be helping them, because as you go and you speak with them, and as you go and you present to them something that’s going on in the body that doesn’t feel quite right, you realize, “I can change this.”
- 2016-0102-042 You will be teaching them. That is what they are asking you to do, to teach them. So often the brothers and sisters go to the experts, the authorities, and they say, “Heal me. Tell me what I can do.” But then there comes a change in the perspective, where you begin to teach them that all healing comes forth from within. Even if you say, “Well, it has been this vitamin, it has been this powder, it has been this liquid or whatever that has made a change for me,” it is you and

the perspective that you have on it and the way you look at life and how excited you get about life.

- 2016-0102-043 That is why I am excited about this year, because I see many of you lighting up. I see many of you being influential with the ones around you, being influential in teaching them; not because you're standing on the soapbox and saying, "Well, this is how it has to be," but because they will see changes in you. And you will speak. You will speak as you have never before allowed yourself to speak, to say to them, "I really like you. I see a lot of good in you. I like being with you."
- 2016-0102-044 And they are going to wonder, "What does she see? What is there about me that someone would like?" Because you know you have friends who feel themselves to be down in the basement somewhere. Then you stop and you acknowledge them, even the ones who come into the gathering at the marketplace. Many of them are lost, and then they bump up against someone like you who has a smile on your face, even though you are being pulled in many different directions at the same time. But you have a smile, and you have a way of being that allows them to stop for a moment and to take a breath.
- 2016-0102-045 That is a moment of inspiration for them, taking that deep breath, stopping for a moment. You look them in the eye as you are giving out the pieces of paper or whatever you do. You look them in the eye and you acknowledge them, and they go away changed because you have done that.
- 2016-0102-046 It is what all of you can do. It is a gift that you give to other ones, to acknowledge them, because so often, as the small ones have been growing up, they have not been acknowledged for anything good. Usually they have been acknowledged for a lot of things that haven't been good, and they've had the knocks and the blows for it.
- 2016-0102-047 Then when ones such as you look them right in the eye and smile, it teaches. You are all teachers. You have a most wonderful book that has been collected into lessons that I offered some years ago, and you have the accompanying text that goes with it, A Manual for Teachers. What does it teach you in the book for teachers? It teaches you to love. That is the basis. It teaches you to acknowledge the other ones, the love that they are, to be happy and to celebrate.
- 2016-0102-048 Put that into every day, something to celebrate. Yes, it is good; it feels good. That is why you enjoy your holy days, your holidays, because you have an excuse, a reason to celebrate. Find something in every day to celebrate. You can do that. And find someone to celebrate with, because you are going to change their day as you do that. They are going to become the little child that they weren't allowed to be when they were growing up.



- 2016-0102-049 The world has taught you to struggle, to have to achieve, to make a name for yourself, to bring in the golden coins, and that is all well and good, but remember the joy. Remember to celebrate. Remember that each day is a gift that you give to yourself.
- 2016-0102-050 And if you are into a giving mode, give that day to me; in other words, invite me to be in joy with you that day, to walk with you, to talk with you, to listen, as I know many of you do. And it is a joy to me to be acknowledged; not in a way that ones have to pray to me because I am way off somewhere far, and they hope perhaps that they can get their message up there to me. I am right here.
- 2016-0102-051 This that I do with you on the evenings when we meet like this is very much my nature. I am with you all the time anyway, but it is much more fun to speak with you this way. But this year you are going to hear me loud and clear, easily, and you are going to speak to other ones as you help them heal. You are already doing this, and it is going to grow. It is going to be to the place where you' re going to have quite a few people knocking on the door or calling you and wanting to come and be in your presence, because it feels good.
- 2016-0102-052 And then this one is going to bebop in and he' s going to do his magic of the huge smile. Ah, there it is. It is most wonderful. And the world changes. That is how your world changes. One smile from one to another, and the world changes.
- 2016-0102-053 You think oftentimes that what you do has small import, that, "Well, I' m just living each day the best I can." That' s a big deal. That' s a lot. And that is how the world changes. When you have your time of quiet, as has been spoken of already, and you are sending out the love, the well-wishes that you have for the brothers and sisters, that is energy. It is real. It is palpable. It can be measured.
- 2016-0102-054 And when there is a group of you and you are doing this together, the energy is augmented and grows, and it can be measured. It goes out of the circle that you are in, and it goes in a way that is exponential. So when you are in that space of love, when you are in that space of knowing, "You know, life has its good points; it' s okay," this is picked up by other ones. They feel that energy going out. And they tune in to it, because truly that is their nature, although maybe it has not been encouraged.
- 2016-0102-055 It is their nature to know love and to expand upon it, the same as you have one who is volunteering to be here to do all of the technical part that needs to be done. You are sending out your energy that touches many, and I thank you for that, because I want the ones who are listening, the ones who are reading the words later, to know that there has been someone who cared enough about them that he would put aside one evening and part of the afternoon to get the technology working.

- 2016-0102-056 Every one of you plays your part. Every one of you knows how to be in love and to expand that love energy and to feel the realness. You feel that when you come to a grouping such as this. You feel the love with each other. You feel—that is what draws you here—you feel the acceptance, and it feels good. It is healing.
- 2016-0102-057 If you walk in the door there and you are feeling not all that great, pretty soon someone smiles at you, gives you a hug, says something good, and by the time you leave, you feel much better, lifted up. I see this with your aura. I see when ones who maybe are dragging themselves to be here, the aura is around them, but sort of tight to the body. After a few hugs and a few smiles and perhaps a drink of water that has been blessed, there is an expansion of the aura, and by the time you walk out the door, you are feeling greater, happier, uplifted, and truly that is your energy that is expanding.
- 2016-0102-058 In this year that you are bringing about and creating day by day, there is going to be an awareness, more and more awareness of Intelligence, and I use that word with a capital “I”; Intelligence with all of life forms and unformed; an Intelligence that pervades everything that goes before you, follows after you, is your companion.
- 2016-0102-059 All of you have already been experimenting with the four-footed ones and knowing the Intelligence of the four-footed ones. You have been feeling the Intelligence of the winged ones who come to be visitor to you to give you a sign. Have you asked this one its name? (Mateen: Yes. I didn’ t ask, but I’ ve seen the name is coming to me) It will come to you. This one has a name. This one is a master who has taken other forms in other lifetimes, and you have known this one (Does its name start with M?) Yes (It’ s its mother?) Close to it. There will be more that will be revealed to you.
- 2016-0102-060 But for all of you in this life in this year, you are going to be feeling the Intelligence of the plants. This is not just a tree, a bush, whatever, that looks pretty. It is energy. You’ ve already recognized that. It grows in the light, and it grows with your good wishes. It has had many good wishes around this time of celebration. As the decorations have been put upon the tree, it has felt love, attention. It has felt that it is not just sitting in a corner somewhere doing its thing—as it does very well.
- 2016-0102-061 Every living thing is energy. Every living thing feels your energy. Every living thing feels whether your energy is down or if your energy is up, and it responds to that. You have seen, you have experimented with the plants when they are in a place where there is much of confusion going on, much of unhappiness going on, not being appreciated or even acknowledged, and the plant keeps on surviving, but not very well.
- 2016-0102-062 Other plants you have, you see them every day and you say, “Wow! You know, you’ re really pretty. I like the way you are responding to the light. I can see

you growing towards the light." You talk to them. They are energy. They are Intelligence. And they bloom, they blossom, whether they're supposed to or not. Many times you have the Christmas cactus that blooms at Easter, and it can bloom at other times in the year as you give your Intelligence and attention to it and acknowledge that it is a life form of energy. It makes it blossom, to grow. You do this with all life forms. Acknowledge the Intelligence that is all around you.

- 2016-0102-063 Now, a question for you: Is there Intelligence in the snow? Yes. Every snowflake—your scientists have said to you—is of a different design. Where does that come from? It comes from the divine Mind of energy. It is Intelligence—capital "I". Every snowflake blesses you. Most of the time you have to either shovel it out of the way or you go tromping on it, or sometimes as it is floating down, you appreciate the beauty of it. You go out and you catch one, and it disappears, but the Intelligence of the energy is still there.
- 2016-0102-064 When you see the most wondrous icicles that can form off of the roof, and day by day, evening by evening they grow a bit longer, wider, stronger, there is Intelligence in the icicle. (In the water) In the water, very definitely. You have your scientists, a very famous one who has studied the water, and he has shown the crystals of the formation of the water, the water that was acknowledged to be a divine energy, and how it has grown into a beautiful crystal. The water that was thought to be nothing has grown not as beautiful, but it is all Intelligence. It is all living energy.
- 2016-0102-065 This form that you sit upon known as the chair has Intelligence. It is energy that you are bringing together in a closeness of molecules so that you can put your body on it and you don't go slipping through it. Interesting experiment you can do with a photograph of something that seems to be solid. You have seen this probably in your newspapers. If you take a photograph and you expand it, you end up with a lot of dots with a lot of space in between the dots. That is the energy. At this time you have decreed that the energy is going to come together in the molecules a certain way to support your molecules so that you don't go zipping down and crash on the floor, although probably that has happened once or twice when you weren't quite sure where you were sitting. This is Intelligence as well, the form that you sit on.
- 2016-0102-066 Okay, now, what about the body? Is it Intelligence? Oh, yes. Does it respond to your thoughts? Definitely. What are you going to be doing this year with the body? Appreciating it, taking it out for a walk once in a while when the weather maybe gets a little milder? Or maybe not, because there are some in your grouping who love to be out snowshoeing, going hiking with the snowshoes, those big snowshoes that you have to go clunking around on.

- 2016-0102-067 We didn't have to worry about that two thousand years ago. Sand, yes; snowshoes, well, up in Tibet I did a bit of that, yes, in the snow of the mountains. And I remember the feeling of having to walk a certain way so that you wouldn't trip up and go down on the nose. And then the most wonderful speed that you could get up with the long sticks that you call skis, and you go down the hill at a great speed to the place where, if you didn't watch out, you had to go around the tree. And there were some of us who went into the tree. We learned quickly not to do that.
- 2016-0102-068 That brings me to a very interesting point. When we—and this is collective; I digress again—when we were forming holy Mother Earth, we made a lot of experiments as to what form we were going to have our energy, how it was going to be, and we experimented with all different kinds of form to see what form we liked the best. And I will tell you a secret: it was not the human form.
- 2016-0102-069 There was a feeling, a different feeling for different ones, an alignment, if you will; some with the winged ones, because there was perspective of seeing everything and an ease of being up above, to fly. For some there was an ease of going through the water, a fluidity, if you will, of using the energy in the body to go through the water.
- 2016-0102-070 Then there were some who liked the bigness of what you have called the dinosaurs. And yes, of course, they did exist. Yes, there is still evidence of them. And you played around—we played around—to bring us back to that place of acknowledgment of Intelligence, no matter what form, so that when you come to using the human form, there are some who say, “Well, you know, it's really kind of heavy. It's really kind of awkward. Ah, but it's good for hugging.” So you see, you acknowledge Intelligence in every form, in any form.
- 2016-0102-071 Now, a question for you; you already know the answer for this. We will borrow something here. Okay, a little glass bell. Is there Intelligence in the glass bell? Has to be; it is energy in form, so there is Intelligence, formed in a certain way of what is considered beauty. There are some...you had an example of this with one of your friends who, at the sound of a bell, got very angry, because there had been a lifetime where she was trained by the sound of a bell to be very subservient, and so she did not like it. But for most ones, one would look upon the glass bell as something of beauty—energy in form.
- 2016-0102-072 It matches your shirt. It is yours (To keep?) To keep (Well, thank you) You are welcome. My beloved friend and teacher does not mind. It will bring you much joy.
- 2016-0102-073 Be aware in this year of energy. Be aware of your energy. Be aware of how you feel in the initial meeting with something. If it is not the highest and best, stop, breathe, and love. Have you heard that before? Yes. Stop, breathe, and love, and acknowledge the energy of love in every form that you meet, every form that you embrace. Enjoy. So be it.

